

Are You Ready for 2008?

THE CAREER COACHING TOTAL PLAN - A Clear Path for Success

Career Development coaching is a “two-way process of exploring, learning and applying work-related solutions, leading to effective actions with the objectives of meeting your career development needs.”

What you will receive . . .

- A total of 9 hours of career coaching conversations to maximize your success by using a four step process to help you achieve your desired career outcomes:

Evaluate + Explore + Plan = Action

- An in-depth analysis and feedback on your last two annual performance appraisals, career development plans and annual goals.
- Knowledge to develop your work experience stories that will demonstrate your particular skills being applied within the workplace, supplemented with two one on one career-coaching conversations to solidify your work experience stories.
- A course of action for 2008 to put your strengths to work and the techniques required to stand out and “sell” your personal brand.
- One 2 hour group sessions for interview preparation and strategies.
- One 1 hour practice interview session video-taped and debriefed.
- Three 1:1 career coaching conversations held quarterly to discuss your progress and results against the 2008 plan.

- **Jump Start Your 2008 Career Goals!**
- **Focus on your wants and desired achievements.**

You will be asked powerful questions and suggestions to:

- enhance your self-awareness
- explore stretch goals and challenges
- align company and personal goals

Establish your course of action for 2008.

Learn to market and promote your career skills.

**For more information contact:
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